

M.C. for the Conference: Sumathi Rao (Arogya World India Trust)

TIME	SESSION	DETAILS
9.30 A.M	REGISTRATION	
10.30 A.M	WELCOME	Dr Susheela Venkataraman Chair, Board of Trustees, Arogya World India Trust
10.40 A.M	PANEL DISCUSSION Building Health Into Organizational Culture: Role Of Leadership	MODERATOR Dr. Ashwin Naik Author - The Healthcare Gamechangers, Trustee - Arogya World India Trust PANELISTS A.N Verma Executive Director (HR), NTPC Limited Dr. Ashish Jain Vice President, AEOHD Head, Employee Health & Wellbeing, GlaxoSmithKline Sanjay Madan Principal Consultant and Branch Safety Leader for Delhi, Tata Consultancy Services Mr. Ekalavya Sinha Head - Nalanda - Leadership, Learning and Change, Dalmia Bharat Group
11.35 A.M	KEYNOTE ADDRESS	Dr. Indu Bhushan CEO, Ayushman Bharat
11.55 A.M - 12.05 P.M	BREAK	
12.05 P.M	BEST PRACTICES IN WORKPLACE HEALTH Persistant Systems HSBC Global Service Centres India JLL Property Consultants India Private Limited Procter & Gamble, IndiaThermo Fisher Scientific	Vijay Simha Healthy Workplaces, Arogya World India Trust
12. 30 P.M	BUILDING A BUSINESS CASE FOR WORKPLACE HEALTH	Usha Chander (Arogya World India Trust) in conversation with Dr. Sumeet Kad (Marketing Leader, Asia-Pacific, IBM Watson Health) and Prof. Sunil Maheshwari (IIM, Ahmedabad)
1.00 P.M- 2.00 P.M	LUNCH	
2.00 P.M	BEST PRACTICES IN WORKPLACE HEALTH India Steel Summit Private Limited Indegene	Vijay Simha Healthy Workplaces, Arogya World India Trust
2.25 P.M	PANEL DISCUSSION How Balanced Is The Corporate Thali?	MODERATOR Kavita Devgan (Nutritionist) PANELISTS Chandan Manroa Head, Health and Nutrition, Sodexo Dr. Nandan Joshi Head - Nutrition Sciences and Medical Affairs, Danone Dr. Gajendra Kumar Chief Consultant - Health,Northern Railway Central Hospital REMARKS Dr.Meghana Pasi Nutritionist, Arogya World India Trust

3.20 - 3.35 P.M	BREAK	
3.35 P.M	INNOVATIVE APPROACHES TO EMPLOYEE HEALTH	Ashwini Thakker Healthy Workplaces, Arogya World India Trust
	THE GLOBAL MENTAL HEALTH MOVEMENT	Prof. Shekhar Saxena Professor of the Practice of Global Mental Health, Harvard
	STRESS MANAGEMENT IN CORPORATES	Saketh Reddy PhD Scholar, NIMHANS
	TACKLING MENTAL HEALTH IN THE WORKPLACE - THE AROGYA WAY	Dr. Nalini Saligram Founder & CEO, Arogya World
	YOUR KIDS	Archana Sinha Change Leader, Ashoka
	MINDFULNESS SESSION	Radhika Vachani Author, Yoga & Wellness Expert
4.50 P.M	CLOSING REMARKS	Dr. Sandeep Sharma Secretary, AEOHD DGM Corporate HSE, Indian Oil Corporation
5.00 P.M	HIGH TEA & NETWORKING SESSION	



AWARDS EVENT AGENDA

TUESDAY, NOVEMBER 5, 2019

Silver Oak Room, India Habitat Centre, New Delhi Lodhi Road,
Near Airforce Bal Bharati School New Delhi, Delhi – 110003

M.C. for the Awards: Meeta Walavalkar (Arogya World India Trust)

TIME	SESSION	DETAILS
6.15 P.M	AROGYA WORLD SCHOOLS SKIT	Courtesy HRIDAY
6.30 P.M	KEYNOTE ADDRESS	Prof. Srinath Reddy President, PHFI
6.45 P.M	GUEST OF HONOUR	Pawan Agarwal CEO, Food Safety and Standards Authority of India, FSSAI
7.20 P.M	THE AROGYA JOURNEY	Dr. Nalini Saligram Founder & CEO, Arogya World
7.35 P.M	SPOTLIGHT ON EXEMPLARY HEALTHY WORKPLACE COMPANIES Texas Instruments Godrej	
7.55 P.M	A WORD FROM OUR SPONSORS NTPC Limited	
8.00 P.M	AWARDS Healthy Workplaces & Platinum Companies, 2019	
8.35 P.M	LAUNCHING HEALTHY WORKPLACE HALL OF FAME	Dr. Geeta Bharadwaj Senior Consultant, Arogya World
8.45 P.M	VOTE OF THANKS	Sumathi Rao Country Head, Arogya World India Trust
	COCKTAILS & DINNER	